

Registration Form

Name of Individual: _____

Shirt Size: _____

Address: _____

Phone: _____

Camp Pricing

- \$45 for wrestlers registered by June 20
- \$60 for Walk-ins
- \$40 for Milford School District students

Only preregistered wrestlers will be given a camp t-shirt.

Please complete this registration form and return with payment no later than June 20th to: Dan Rigby, 34 Tradewinds Lane, Lewes, DE 19958

Make checks payable to MHS Wrestling

I, the parent of the above named child, hereby give my approval for his participation in any and all wrestling activities. I hereby release all the coaches and instructors of Milford High School Wrestling Camp and Milford High School for any claim arising out of injury to my child. In consideration of this application being accepted, I, intending to be legally bound, do hereby, for myself, my heirs, executors, and administrators, waive, release, and forever discharge any and all rights and claims for damages which I may have or which may hereafter acquire to me against the stated above and assigns, for any or all damages which may be sustained or suffered by me in connection with my association with or participation in, and/or arising out of my traveling to or returning from said wrestling session /clinic to be participated at (Milford Central Academy). The clinic director has permission to seek medical attention for our child and I grant permission for a physician or other designated agents to provide medical treatment in the event of injury or sickness.

I, parent or guardian, do hereby agree to the above waiver and release.

Signed _____

Date _____



Dan Rigby
34 Tradewinds Lane
Lewes, DE 19958

Team Milford Wrestling Clinic June 24th - 27th



Milford Central Academy

6-9 each evening

Featuring

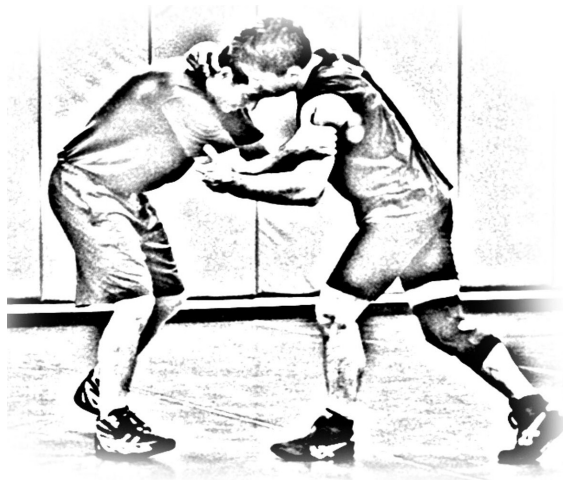
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New clinician daily!

“It takes a little more to make a champion”

Our Mission

The Milford High School Wrestling Camp is for all ages. We have some of the best coaches and wrestlers in the area coming to help you take your wrestling to the next level. This camp is for all level of wrestlers. More experienced wrestlers will be given tools and techniques to use to continue their winning ways. Less experienced wrestlers will be given some of the best basic moves to build a great foundation. No matter what your experience, this camp will take you to the next level.



“It takes a little more to make a champion”

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Dicky Howell

Head Coach Caesar Rodney High School

8 time Delaware State Wrestling Coach of the Year

Sheldon Thomas

4 time Delaware State Champ

3 time NCAA All American

NCAA Champion

Member of Delaware Wrestling Hall of Fame

Don Parsley

Recorded over 200 wins as a Coach

Delaware Coach of the Year

Inducted into Lock Haven University's Wrestling Hall of Fame

NCAA Qualified

Alex Meade

3 X Delaware State Champion

NCAA Qualifier

Matt Cathell

3 X Delaware State Champion

NCAA Qualifier



Paul Collier

3 X Delaware State Champion

3 X Delaware Assistant Coach of the Year